

College Counseling Services at LNC

Mike Eastwood, Department Chair

Counseling Department Overview

- Counselor Introductions
 - Heather Crane, MS 6th & 8th grades/School Psychologist
 - Carissa Kaproth-Glenn, MS 5th & 7th grades
 - LeAnne Spann, 9th grade, 10-11th grade (H-O)
 - Claudia Faccone, 10-11th grade (A-G), 12th grade (A-K)
 - Mike Eastwood, 10-11th grade (P-Z) , 12th grade (L-Z)
- Our programming focuses on college, but we are available for social/emotional support
- The focus of today is on college counseling programming

College Counseling Philosophy

It is our goal to help students and families navigate the waters of the college admissions process. We want students to find an institution of higher education where they are appropriately challenged while affording them opportunities to explore their interests and gain valuable experiences that will benefit them upon graduation.

How we support your student

- **Course selection**

- classroom visits, junior meetings – select for success, select for interest.

- **Testing**

- Guidance as to when to take/retake

- **College planning**

- Junior meetings, college visits, Senior meetings

HS Course Selection

- Roles – student/teachers/counselor
 - Teacher recommendations are key
 - Students need to honestly reflect on their interest, work ethic, and ability to succeed when teacher recommendation does not match with request.
 - Counselors help students and families understand options.
- Timing – Late Spring
 - Students should be continually evaluating what they want to take the following year. If you want to move up to Honors or AP the following year, start working toward that goal early in the school year, do not wait until course selection cards come out.
- Course Selection Night in March

Student Testing

- Many colleges utilize Standardized Testing when evaluating prospective students (ACT/SAT)
- Students should take advantage of the PRACTICE exams given here at LNC (PSAT is available 9,10,11 – PLAN is given to ALL 10th graders)
- Preparation is important not only in terms of college acceptance, but also for scholarship consideration.
- SAT (Khan Academy) and ACT websites offer great FREE materials for students to utilize.
 - SAT and ACT should be taken in the junior/senior year (ALL juniors take the ACT).

College Selection Process

- Work starts in 9th grade – academic performance
- Starting in the 10th grade students are able to attend College Visits here at LNC.
 - Students should research colleges prior to the visit so they can get their questions answered – Representatives are often the ones reviewing student applications.
- Utilize Naviance
 - Provides interest inventories to help students explore career interests as well as college searches.
 - Students are not only able to see each college's requirements, but also where they stack up against other LNC students who have applied to colleges
- Junior Meetings
 - one on one (parents invited) meetings after winter break to discuss college selection/application process

Naviance

- Naviance is a comprehensive college and career readiness program that helps align student strengths and interests to post-secondary goals, and improve student outcomes.
- All students are provided log in information (parents have log ins as well) in the 9th grade as well as an overview of the program. Each year we encourage students to use various functions of the program.
- We offer parent trainings as well

Experiential Learning Opportunities

- Experiential learning is a process through which students develop knowledge, skills, and values from direct experiences outside a traditional academic setting
- As students explore potential career/major interests it is important for them to “get their hands dirty” to develop a better understanding of their *interests and skills*.
 - LNC offers some opportunities through various clubs, Career Panels, Tech Assistant course, etc.
- **Explorers Program** –is a worksite-based program in which young adults learn about particular careers in which they have an interest. You should be receiving mailings based on your student’s survey given last year.
- External opportunities - College camps, academic programs, internships, etc.
 - We will post info that we receive on Schoology, but there are many opportunities out there for your students to find.

How do we share information?

- Schoology – College Counseling group
 - The primary source of communication to students as to what is going on (college visits, experiential opportunities, scholarships, etc). Parents can also join the group on Schoology to get email notifications of posted info.
 - Go to GROUPS -> JOIN -> enter the following code:

6RPFD-JKVZQ

- We email students and parents directly after having program meetings (9th 1-1, 10th small groups, 11th 1-1, 12th 1-1)
- Knights News – will push out reminders and **some** programmatic/scholarship info
- New quarterly counseling newsletter in Oct/Jan/Apr highlighting what is going on/coming up.

Program Overview

- Fall Naviance Night
- Financial Aid Night
- NCAA Night
- Course Selection Night
- **Other Events:** Announcements will be made in Quarterly update and through Schoology
 - Fall – Senior Parent Meeting (college)
 - Winter – PSAT/PLAN Night
 - Spring – Panel of Senior Parents – What I Wish I had Known... (for Junior Parents), College Fair

Grade Level Services

Grade	Services
9	<p>9th Grade Orientation, classroom visit, 1:1 meeting with Counselor</p> <p>Naviance: Explore Strengths, Goal Setting Testing: OPTIONAL PSAT – Fall</p>
10	<p>Small Group meetings on Enrichment Opportunities, Naviance and Course selection</p> <p>Naviance: Career Interests, Enrichment Opportunities Testing: OPTIONAL PSAT – Fall, PLAN in October</p>
11	<p>Classroom visits on college visits in fall, Student/Counselor/Parent meeting early spring on course selection and college selection process, Late Spring class visits about application process</p> <p>Naviance: College Search, Utilize Graphs, Enrichment Opportunities, Scholarship searches Testing: PSAT Fall, ACT Spring, SAT Spring</p>
12	<p>Classroom visits on Naviance Functions and College Applications, 1:1 meeting in early Fall on application status. Parent can attend if interested.</p> <p>Naviance: College Search, Utilize Graphs, Scholarship searches, request Transcripts and Letters of Recommendation Testing: ACT/SAT if needed – Fall</p>

Availability

- **Counselors are always accessible to students**
 - Email – for questions, to set up appointments
 - Mornings/Afternoons
 - Lunch – we are in the MPR on duty throughout the week

Questions?