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Dear LNC Parents,

We have received word from the North Carolina High School Athletic Association (NCHSAA), the governing body for all public high schools' athletic programs in the state, that, out of concerns surrounding COVID-19, they are suspending all high school athletics beginning Saturday, March 14 through Monday, April 6. The NCHSAA stated that they will closely monitor the situation during that time period. This suspension includes both in season and out of season workouts, weight training, skill development, practices and contests.

Although our middle school is in a private school conference which is not governed by the NCHSAA, as a school district our protocol regarding athletics is to be consistent across our system so this applies to our middle school athletics as well.